

Brigid Schulte

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Author – Expert - Journalist

Highly regarded expert on work-life issues, award-winning journalist, and author of New York Times bestselling book, *Overwhelmed: How to Work, Love, and Play When No One Has the Time* (Sarah Crichton Books/FSG). Work featured in numerous national publications, including the Washington Post, the Atlantic, Slate, Fast Company, New York magazine, the Boston Globe, CNN, Time, the Guardian and others.

CURRENT EXPERIENCE

New America, [The Better Life Lab](#)

Director, 2015-present

- Oversee vision, strategic planning, management, administration, development and creative project work for a team of five fellows and analysts.
- Write, edit and produce influential journalism, policy briefs and convene public events in Washington, New York and San Francisco, including the New America Care Report, the Better Work Toolkit, and Paid Family Leave: How Much Time is Enough?
- Host and creator of the Better Life Lab podcast on Slate's Panoply platform
- Founder of and contributing editor to the [Better Life Lab Channel on Slate](#).

The Washington Post

Reporter and Staff Writer, 1999-2015

- Covered politics, culture, education, immigration, poverty and narrative enterprise stories.
- Created work-life, gender equality and social policy beat.
- Frequent contributor to the Washington Post magazine, A1, Metro, Outlook, Style and Travel sections, as well as digital spaces, including Wonkblog, OnLeadership, OnParenting and She the People.
- Organized and ran the 21-day Timehacker Challenge and Good Life conversations.
- Part of the team that won the 2007 Pulitzer Prize for covering the massacre at Virginia Tech, the largest mass campus shooting at the time. Numerous news and feature writing awards.

Knight-Ridder Washington Bureau

National Correspondent, 1994-1999

- Covered the Pentagon.
- Lead reporter for a series on racial and ethnic health disparities, nominated for Pulitzer Prize.
- Covered national politics and the 1996 presidential campaign.
- Wrote award-winning public health series on deadly E.coli 0157:H7 outbreaks.

The State, Columbia, South Carolina

Washington Correspondent, 1993-1994

- Covered southern politics.
- Sparked an FBI probe of former member of Congress for ethics violations.
- Wrote award-winning feature on AIDS and southern politics and culture.

OTHER WORK EXPERIENCE

States News Service, Washington, D.C.

Washington Correspondent, 1990-1993

Covered politics and did investigative environmental reporting for the Seattle Times, Anchorage Daily News, San Francisco Examiner and other newspapers in the Pacific Northwest.

The Island Packet and Beaufort Gazette, South Carolina

Government and Politics Reporter, Feature Writer, 1988-1990

Wrote several award-winning stories, including a project on the Savannah River nuclear weapons site.

The Casper Star-Tribune, Casper, Wyoming

Education Reporter and Feature Writer, 1987-1988

Kagoshima Junshin Tandai (Junior College), Kagoshima, Japan

Teacher, 1984-1986

Taught English. Contributed essays on literature to the faculty review.

SELECT AWARDS, ACTIVITIES AND FELLOWSHIPS

- ***Overwhelmed: Work, Love and Play when No One has the Time*** chosen as:
 - Notable Book of the Year by the Washington Post and National Public Radio, 2014.
 - Virginia Library Association literary nonfiction award.
 - Goodreads Choice Award Best Business Book of 2014 finalist.
- **Mentor**, The Op-Ed Project to increase the range and diversity of voices and ideas in the public arena, 2017 - present
- **Member, Pen America**, a global community of writers standing up for free speech and advancing literature, 2014 - present
- **Advisory Council, Pew Research Institute** national survey of attitudes toward paid family and medical leave, 2016. Consultant on 2017 survey on gender differences.
- **Advisory Council Member, Breadwinners and Caregivers Program**, New America Foundation, 2013 - 2015
- **Bernard Schwartz Fellow**, New America Foundation, 2011 - 2013
- **Diversity Fellow, Knight Center for Specialized Journalism**, University of Maryland, 2006.
- **National Association of Black Journalists' sports writing award** for a series following a high school basketball team comprised of immigrants or the sons of immigrants who had caught the very American basketball fever, 2005.
- Numerous reporting and writing awards from the **Virginia Press Association** and the **Maryland-Delaware-DC Press Association**, including a 2007 feature writing award for chronicling the intertwined lives of the women in a French class that had been meeting for 30 years.
- **Education Writers Association Award** for a series on the academic achievement gap and for uncovering a cheating scandal at the highest-scoring elementary school in the state of Maryland.
- National awards for writing about racial and ethnic health disparities, E.coli outbreaks and the federal budget.
- Several **South Carolina Press Association** and **South Carolina Society of Professional Journalists** awards for features, news and project writing.
- **Paul Miller Washington Reporting Fellowship, The Freedom Forum**, Washington, D.C. 1994.

SPEAKING ENGAGEMENTS

- Quoted as an expert or featured in numerous publications, including Forbes, Fortune, the Atlantic, The Times of London, MacLean's, the Irish Times, The Financial Times and Fast Company.
- Appeared on the Today Show, Good Morning America, the Katie Couric Show, MSNBC, CNN, Morning Joe, the BBC, CBC, Fresh Air with Terry Gross, NPR's Morning Edition, Tell Me More, On Point, the Diane Rehm Show, the Leonard Lopate Show, the Bob Edwards Show, Efecto Naim with Moises Naim, the Australian Broadcast Company, and other television and radio programs.
- Delivered 2015 [TEDx MidAtlantic Salon](#) talk on Imagining an Egalitarian Future:
- Keynote addresses at Sydney Opera House's All About Women Festival, 2015, and at numerous conferences and convenings in the U.S. and internationally, including the Massachusetts Conference for Women, the ICAN Women's Leadership Conference in Omaha, and the Art of Women's Leadership conferences in Toronto, Calgary and Vancouver, BC.

EDUCATION

Columbia Graduate School of Journalism, New York, New York, 1987

M.S., Journalism

- Concentrations in magazine and style writing and photojournalism.
- Wrote features for student magazine, and contributed writing and photography to the student newspaper.

University of Portland, Portland, Oregon, 1984

B.A., English, Modern Languages - German and French, and Journalism

- Graduated Magna Cum Laude.
- Studied art and European history in Salzburg, Austria, 1982.
- Wrote and edited school literary journal, quarterly journalism review and the student newspaper. Interned for local weekly newspaper.